



# Scheneithia Stickler, M.Ed., MA (2026)

Professional Counselor, In  
Training (Practicum Student)

## A Note From Scheneithia

You have the power to begin your journey of healing—and I would be honored to walk with you on that path. I am passionate about working with both adults and children who are navigating trauma, abuse, depression, anxiety, distorted thinking, and other life challenges.

As a Clinical Mental Health Counseling practicum student, I draw from evidence-based approaches such as Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), and Rational Emotive Therapy (RET). I integrate these with a Christian worldview to help clients take control of their thoughts, renew their minds, and walk in the truth of who God created them to be.

My desire is to create a safe, supportive space where healing is possible, and hope is restored. I believe in the power of transformation through faith, and I cling to the truth of Romans 12:2 "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

Whether you're facing emotional pain, mental struggles, or spiritual questions, I look forward to meeting you and walking with you toward mental wellness and the fullness of life that God desires for you.

### Populations:

Adults      Parenting Issues  
Children    Women  
Young Adults/Teens

### Specialties:

ADD/ADHD    Moms/Caregivers  
Anxiety      Depression  
Self Esteem    Family Dysfunction

### Techniques:

CBT      Play Therapy  
DBT      EFT  
Christian Counseling

## About DePriest Center

DePriest Center welcomes all people, from all walks of life, all backgrounds, all beliefs... all life stories. You will find genuineness, unconditional positive regard, empathetic understanding, and absence of judgement in your therapeutic relationship and within the walls of DePriest Center. The heart of DePriest Center is to honor God by serving people with respect, integrity, and love. We meet you where you are and, through the beauty of therapeutic journey, you are able to integrate the power of hope, healing, restoration, and life within yourself, your relationships, and your continued life journey.