



# Brileigh Sloan, Ed.S. (2026)

Professional Counselor, In  
Training(Internship Student)

## A Note From Brileigh

Brileigh Sloan is an Ed.S. candidate in Professional Counseling at Middle Tennessee State University (MTSU), specializing in both clinical and school counseling. Her graduate studies build upon a Bachelor of Science in Child Development and Family Studies with a minor in Psychology.

Brileigh approaches her work with a bubbly, caring, and empathetic style, fostering a warm and supportive therapeutic environment for every client she meets. She is deeply invested in the empowering nature of the therapeutic experience, believing that clients hold the key to their own growth and healing. She values the unique perspective each individual brings to the counseling process, recognizing that their lived experiences shape their understanding of the world.

A strong advocate for the power of the therapeutic relationship, Brileigh believes that genuine connection serves as a vital source of support and facilitates significant personal growth. She is committed to fostering a safe and collaborative space built on authenticity and openness, valuing genuine interaction with every client as a testament to their inherent worth. Brileigh particularly enjoys supporting clients through major life transitions, navigating relational issues, and embarking on journeys of personal growth.

Brileigh holds a deep respect for cultural differences and is dedicated to understanding diverse worldviews to best serve the unique needs of each client. Recognizing the potential for a spiritual approach to foster holistic growth, she integrates this perspective when welcomed by the client, while maintaining utmost respect for each individual's current season of life and belief system. Her aim is to create a culturally and spiritually sensitive therapeutic environment that honors individual experiences and empowers clients to navigate their challenges with strength and resilience. She gained practical experience working with clients during her practicum and is enthusiastic about continuing to serve individuals in her future professional endeavors.

### Populations:

Adults      Couples  
Children    Family  
Young Adults/Teens

### Specialties:

Adjustment    Stress Management  
Anxiety        Depression  
Self Esteem   Family Dysfunction

### Techniques:

CBT      Play Therapy  
IFS      Art Therapy  
Christian Counseling

## About DePriest Center

DePriest Center welcomes all people, from all walks of life, all backgrounds, all beliefs... all life stories. You will find genuineness, unconditional positive regard, empathetic understanding, and absence of judgement in your therapeutic relationship and within the walls of DePriest Center. The heart of DePriest Center is to honor God by serving people with respect, integrity, and love. We meet you where you are and, through the beauty of therapeutic journey, you are able to integrate the power of hope, healing, restoration, and life within yourself, your relationships, and your continued life journey.