

Referral Sheet- Updated 11/01/2024

Middle Tennessee Referral Sheet

**If utilizing your insurance benefits is a priority, contacting Customer Service on the back of your insurance card and asking for in-network providers based on your personal benefits plan will save you time and get you to the most appropriate provider.

MEDICATION REFERRAL

Behavioral Health Consultants, Cindy Miller, NP

745 South Church Street, Suite 303
Murfreesboro, TN 37130
615-569-8636 |

behavior.health.consultants@gmail.com

Genesis Psychiatric Services

237 Castlewood Dr., Suite A
Murfreesboro, TN 37129
(615) 494-4804

<http://genesispsychiatricservices.com/>

Strong Foundation Behavioral Health Clinic

524 Uptown Square
Murfreesboro, Tennessee 37129
Dr. Janet Webster-Call
(615) 829-8811

Athena Consulting & Psychological Services, LLC

1725 Medical Center Pkwy #215, Murfreesboro, TN
37129
Phone: (615) 962-9064

<http://athena-nashville.com/>

Primary Care and Hope Clinic

1453 Hope Way
Murfreesboro, Tennessee 37129
Call Mr. Joshua Chestnut
(615) 420-7403

<http://www.hopeclinc.org/>

Soul Harbor

536 Uptown Square,
Murfreesboro, TN 37129
615-551-9874
Fax: 615-603-7612

safeharbormentalhealth.org

Harmony Health

1120 Dow St.
Murfreesboro TN 37130

TESTING REFERRAL

Christopher J. Quarto, Ph.D., PLLC

509 Crossway Ave
Murfreesboro, Tennessee 37130
(615) 455-3352

<https://chrisquarto.com/>

(ADHD specialist)

Tamara Raphaeli

Psychotherapy & Assessment
403 Uptown Square Ste F
Murfreesboro, Tennessee 37129
(615) 933-2086

<https://tamararaphaelipsyd.com/>

David C. Mathis, Ed.D., Licensed Psychologist

1134 Dow Street
Murfreesboro, Tennessee 37130
(615) 624-4494

<http://drdavidcmathis.com/>

(works with children w/autism)

Athena Consulting & Psychological Services, LLC

1725 Medical Center Pkwy #215, Murfreesboro, TN
37129

Telephone: (615) 320-1155

Fax: (615) 962-9724

<http://athena-nashville.com/>

Jeffrey Viers

Licensed Senior Psychological Examiner

1138 Dow Street
Murfreesboro, Tennessee 37130
(615) 442-7680

(ADHD & learning D/O/difficulties)

<p>(629) 229-3936 https://www.harmonyhealthmedical.com/</p> <p>Patient's Primary Care Physician</p>	
<p><u>PSYCHIATRIC EVALUATION</u></p> <p>Dr. Saran Mudumbi (Child, Adolescent & Adult Psychiatry) 528 N. University Street, Murfreesboro, TN37130 (615) 867-3760</p> <p>Vanderbilt Psychiatric Clinic Dr. Joseph LaBarbera, PhD, MA Phone: (615) 936-0505 Fax: (615) 343-5555</p> <p>ClearPath Behavioral Health Dr. Amin; Dr. Pierce 1639 Medical Center Pkwy Suite 202, Murfreesboro, TN 37129 (615) 447-9880 http://www.clearpathbehavioral.com/.</p> <p>Tamara Raphaeli Psychotherapy & Assessment 403 Uptown Square Ste F Murfreesboro, Tennessee 37129 (615) 933-2086 https://tamararaphaelipsyd.com/ (Evals for Adults)</p> <p><u>TREATMENT CENTER</u></p> <p>Kid Link Treatment Services – TN 110 Westwood Pl, Brentwood, TN 37027 Phone: 800-726-4032 https://kidlinknetwork.com/ Ages 5-21</p> <p>Hermitage Hall Residential Treatment for male/female 8-17 1220 8th Avenue South, Nashville, TN 37211 615-742-3000 hermitagehall.co</p> <p>Tulip Hill Recovery 1800 S Rutherford Blvd #103 Murfreesboro, TN 37130 Phone: 629-201-7495 https://tuliphillrecovery.com/ (Addiction) Facilities also in Nashville area</p>	<p><u>SPECIALIST REFERRAL</u></p> <p><u>Eating Disorders</u></p> <p>The Renfrew Center 1624 Westgate Circle, Suite 100 Brentwood, TN 37027 615-221-7075 www.renfrewcenter.com</p> <p>Aster Springs Outpatient - Nashville 2900 Vanderbilt PI Suite 200B Nashville, TN 37212 (615) 560-7343 https://odysseyoutpatient.com/locations/aster-springs-outpatient-nashville/</p> <p><u>Autism Spectrum</u></p> <p>Athena Consulting & Psychological Services, LLC 1725 Medical Center Pkwy #215, Murfreesboro, TN 37129 Phone: (615) 962-9064 http://athena-nashville.com/</p> <p>Peace by Piece ABA Therapy & Behavioral Services 2525C Lebanon Pike, 102 Nashville, TN 37214 Phone: 615-516-3778 Fax: 615-523-2992 https://www.peacebypieceaba.com/</p> <p><u>Autism Teen Providers</u></p> <p>Diane Gammon (Psychologist, PsyD) Living With Hope Counseling PLLC 202 Uptown Square Murfreesboro, TN 37129 (615) 654-6252</p> <p>Sarah Rogers LPCMHP, CMHIMP, ASDCS, NCC, MS 2615 Medical Center Parkway Suite 1560 Murfreesboro, TN 37129 (615) 656-3130</p>

JourneyPure — Tennessee Alcohol & Drug Rehab
 5080 Florence Rd, Murfreesboro, TN 37129
 Phone: (615) 410-9260
 (offers telehealth and virtual outpatient services as well)

Tennessee Behavioral Health

3343 Perimeter Hill Dr.
 Suite 214
 Nashville, TN 37211
 Phone: (629) 260-5150
<https://tennesseebehavioralhealth.com/>
 (mental health and addiction)

Integrative Life Center

1104 16th Ave S Suite A,
 Nashville, TN 37212
 Phone: (615) 455-3903
<https://integrativelifecenter.com/>

Franklin Discovery Center

1325 West Main St, Suite 106,
 Franklin, TN 37064
 (615) 559-9917

Embrace U Adolescent Mental Health

1612 Westgate Circle, Suite 112,
 Brentwood, TN 37027
 (615) 656-8624

Military & Veterans Referral

Family Care Center Murfreesboro

275 Robert Rose Drive
 Bldg B
 Murfreesboro, TN 37129
 Phone (New clients): 888-374-5066
 Fax: 615-634-3176
<https://fccwellbeing.com/services/military-veteran-services/>

VA Community Mental Health Care Coordinator

VA Tennessee Valley Healthcare System

Phone: 615-225-6335

Terisa Pewitt

Clinical Social Work/Therapist, LCSW
 275 Robert Rose Drive
 Murfreesboro, TN 37129
 (629) 260-5874

Jennifer Canales

Licensed Professional Counselor, LPC
 275 Robert Rose Drive
 Murfreesboro, TN 37129
 (629) 348-4986

Megan Davenport

Clinical Social Work/Therapist, LCSW
 Murfreesboro, TN 37129
 (629) 468-3632

Stephanie B Stavinoga

Licensed Professional
 Counselor, LPC, MHSP, CCMHC
 805 S Church Street
 Suite 15
 Murfreesboro, TN 37130
[\(629\) 201-7348](tel:6292017348)

Kaylin Flamm Lawrence

Occupational Therapist, MSOT, OTR/L
 Mind The Gap Therapy & Consulting
 112 S Maple St
 Murfreesboro, TN 37130
 (615) 645-1126

Tucker-Huggins Associates, PLLC

Licensed Professional Counselor
 805 South Church Street
 Suite 20
 Murfreesboro, TN 37130
 (615) 203-0006

Jill Harcrow

Licensed Professional Counselor, LPC, MHSP, NCC
 925 South Church Street
 B200-P
 Murfreesboro, TN 37130
 (615) 724-1019

Obsessive Compulsive Disorder (Severe)

Rogers Behavioral Health

Rogersbh.org

Rhonda Pendergrass, LPCMHSP

Kids; behavioral
 615 - 417 - 9009
 RLPendergrass3@gmail.com

805 South Church Street, Suite 17
Murfreesboro, TN 37130

Greenville, TN Providers

Christie Cutshall

Clinical Social Work/Therapist, LCSW
Verified by Psychology Today
Greeneville, TN 37743
(423) 370-0512

Lisa Shifflett

Licensed Professional Counselor, LPC, MHSP
Greeneville, TN 37743
(423) 812-4070

Julie Daniel

Licensed Professional Counselor, LPC, MHSP
AVAILABLE ONLINE ONLY
Greeneville, TN 37745
(865) 234-9747

Madison Idell

Clinical Social Work/Therapist, LCSW
Verified by Psychology Today
185 Serral Drive
Greeneville, TN 37745
(423) 690-7802

Sarah Clayton

Marriage & Family Therapist Intern
Verified by Psychology Today
Available both in-person and online
Greeneville, TN 37745
(423) 460-9415

Amanda Nappi

Mandevilla Mental Health Counseling, PLLC
Counselor, MS, NCC, LMHC, LPCMHSP
Verified by Psychology Today
AVAILABLE ONLINE ONLY
Greeneville, TN 37745
(315) 517-8695
Syracuse, NY 13204

Geriatric Providers

Andrew E Savage

Licensed Professional Counselor, LPC, MHSP
Available both in-person and online
275 Robert Rose Drive
Murfreesboro, TN 37129
(615) 471-7508

Al Stacy

Licensed Professional Counselor, LPC, MHSP
AWS Counseling
Available both in-person and online
Murfreesboro, TN 37129
(615) 265-6398

Maria Bush

Licensed Professional
Counselor, LPC, MHSP, MPA, AS
Available both in-person and online
2615 Medical Center Parkway
Suite 1560
Murfreesboro, TN 37129
(833) 854-1669

Michelle Fowler

Clinical Social Work/Therapist, LCSW
Verified by Psychology Today
Murfreesboro, TN 37129
(615) 235-0134
AVAILABLE ONLINE ONLY

Tiffany R Sweeley

Pastoral Counselor, LCPC
Available both in-person and online
Murfreesboro, TN 37129
(629) 263-7263

Ginger Courtney

Licensed Professional Counselor, MA, LPC, MHSP
Available both in-person and online
The Ginkgo Group
Nashville, TN 37205
(615) 845-5120

Jessica Wilson

Marriage & Family Therapist, LMFT
Available online only
Tullahoma, TN 37388
(931) 271-5570

Lauren Goley

Clinical Social Work/Therapist, LMSW
Verified by Psychology Today
Available both in-person and online
Ellie Mental Health
1608 Williams Drive
Suite 301
Murfreesboro, TN 37129
(615) 653-4115

Child Therapy and Play Therapy**Project Play Therapy**

4731 Trousdale Dr, Suite 10,
Nashville, TN 37220
(615) 832-8955

Transformed By Grace Counseling

201 East Main Street
Murfreesboro, TN 37130
(615) 570-3522

Nicollette Sanders

112 South Maple Street
Murfreesboro, TN 37130
(629) 258-8234

Diane Gammon -Living With Hope Counseling

Living With Hope Counseling PLLC
202 Uptown Square
Murfreesboro, TN 37129
(615) 654-6252