



Nicollette Sanders, MS.ED

Professional Counselor



Hope.

It is the unwavering belief that better days lie ahead and in essence, a positive feeling that something good will occur in the future. Born into the middle name, Hope, that is something I want to instill in anyone I come across.

No matter what struggle you come presenting with, my counseling approach is nonjudgmental, caring, collaborative, and client centered. I find that pain and difficulties are not subjective to an age or demographic and instead are things we all universally experience. My passion is to work with young adults and children struggling with trauma, anxiety, low self-esteem, boundaries, or difficult life events. By using different integrative theories which include Person-Centered, CBT, Solution-Focused, and Play therapies to meet individual needs.

If you are interested in beginning your journey of counseling, schedule an appointment with me today.

